

#### 主席的話 MESSAGE FROM THE CHAIR 〇 ••

從200平方呎的狹小辦公室發展至今年開設了兒童糖尿中心, 兒童糖尿協會的會員和上下員工深感振奮,也讓15周年紀念 別具意義。我們不再需要在學生飯堂或咖啡室舉辦家長聚會, 而是可以在中心內開會、上烹飪課,甚至舉辦更大型的教育 工作坊。

為了響應世界糖尿病日,我們舉辦了一連串的活動,包括在2015年11月舉辦的「童行有您」遠足活動,成功地引起社會廣泛關注,讓各界人士更了解糖尿病兒童和青少年的需要。當天,由食物及衞生局局長高永文醫生為300位參加者主持開步禮,為本年度的「童行有您」籌款活動奠下重要里程碑。

我們衷心感謝所有善長、醫護團隊、義工等的慷慨捐助和支持。 同時,我也在此感謝委員會、各籌委會的義務委員、榮譽醫療 顧問和本會員工,努力不懈為我們的兒童和青少年會員的無私 付出。

十分感激大家,讓糖尿病兒童活出不一樣的精彩人生!

Having grown from operating in a tiny 200-square-foot office to securing the Center of Excellence, all of us at Youth Diabetes Action are excited to celebrate our 15th anniversary this year. We are very fortunate to have our own premises to hold meetings, cooking classes, and even run larger-scale educational workshops.

We held a series of events to celebrate World Diabetes Day, including "Hike for Youth Diabetes" in November 2015. We successfully engaged the wider community to raise awareness on the needs of youth with diabetes. Dr Ko Wing-Man, Secretary for Food and Health, officiated the opening ceremony for the 300 participants, and kicked off the hiking event.

We greatly appreciate the generous support that we have received from donors, medical professionals, and voluntary supporters. I also wish to thank our staff, Council, the Fundraising Committee and Honorary Medical Advisors who worked tirelessly for all of our children and youth members.

Thank you to all of you for making a difference!



主席 鄭馮亮琪女士 Fina Cheng Chairperson

# ANNUAL REPORT



## 我們 的十五年

兒童糖尿協會是香港唯一一間專注服務糖尿病兒童及青少年的慈善機構。 患上糖尿病的孩子,不但身體上要接受血糖高低不穩、每天反覆測試血糖 及注射胰島素的痛楚,他們和家人更因而受到情緒和經濟上的影響。

十五年以來,我們和糖尿病的孩子共同努力和成長,致力為他們和家庭提供支援,使糖尿病不會成為孩子發展和追夢的阻礙。我們現正為接近600 名的糖尿病會員服務。



Hong Kong Juvenile Diabetes Association 香港兒童糖尿協會

#### 2001

香港兒童糖尿協會創立 Establish Hong Kong Juvenile Diabetes Association



2005

首次舉辦糖尿病 研討會

Inaugural Diabetes Conference



2004

推出醫療用品資助計劃 Launch of the Financial Assistance Programme

2008

成立醫療顧問委員會

Establish Medical Advisory Committee

體驗計劃

推出連續血糖監測儀

Launch CGM Device On-loan Programme



2009

推出兒童糖尿協會網頁 Launch the website



Internation Diabetes Federation

推出朋輩大使計劃 Launch Mentrorship Programme





Youth Diabetes Action 兒童糖尿協會

2011

成為國際糖尿病聯合會的成員 Register as member of the International Diabetes Federation 2013

改名為兒童糖尿協會 Adopt new name – Youth Diabetes Action Youth Diabetes Action (YDA) is the only charity dedicated to supporting children and adolescents with diabetes and their families in Hong Kong. Children with diabetes not only need to cope with their physical health - managing blood glucose levels and enduring the agony of blood testing and insulin injections - they and their families also need to cope with the emotional and financial impact of this condition.

For the past 15 years, we have worked tirelessly to provide the support that families need, to enable these children to pursue their dreams without any hindrance. Right now we are serving close to 600 members living with diabetes.

## **OUR FIFTEEN YEARS**

2016

兒童糖尿中心開設並投入服務 Opening of YDA Centre of Excellence

建立香港兒童糖尿病紀錄冊 Set up Hong Kong Childhood Diabetes Registry



為駐校護士及教師 舉辦醫療專業人士 研討會 Organise Diabetes

Symposium for school-based nurses and teachers



TH DIABETES

首次舉辦「童行有您」籌款活動 Launch the first "Hike for Youth Diabetes" fundraising event



2015

設立「希望之火」獎學金 Establish the "Flame of Hope" Scholarship awards



學校推出個人化 糖尿病照顧計劃

Launch Diabetes School Care Plan

2014

舉辦單車環台籌款活動 Organise fundraising event "Ride for Youth Diabetes" in Taiwan



青年會員組成Team YDA發揚 我做得到'的精神 Form Team YDA to promote the spirit of 'Yes, we can!'



## 我們的服務

我們明白給予糖尿病童和他們家長精神 及生活上的支援十分重要,所以我們一 直向會員提供情緒輔導、教育及經濟等 各方面的支援。

除定期舉辦不同的活動外,我們的經驗 社工更會提供電話訪談、家訪及醫院探 訪等輔導服務。

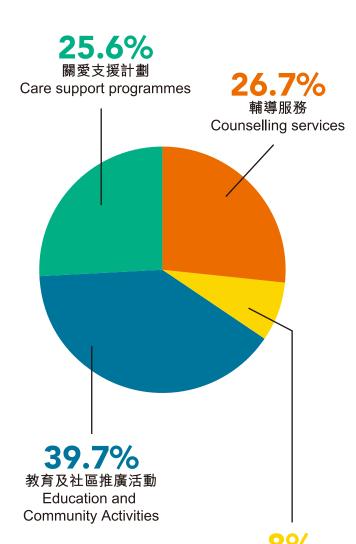
#### **Our services**

We believe in the importance of supporting member families, both emotionally and logistically. Therefore, we have always provided emotional, educational, and financial support services.

In addition to different member activities, our experienced social worker also provides emotional therapeutic counselling and community support advice through hospital outreach, home visits and hotline services.



## 服務範圍 Services Area



## 財政及醫療支援

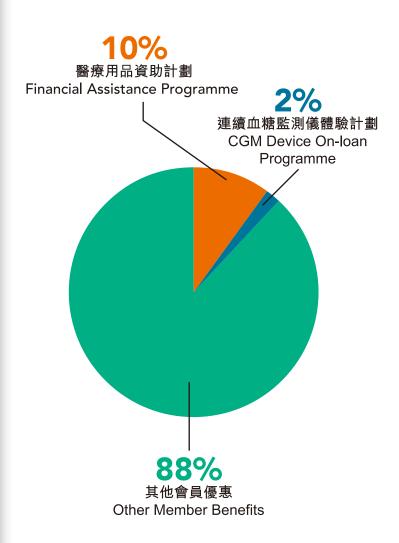
我們一直與各醫療用品公司保持聯繫, 為會員提供免費試用或特別折扣訂購糖 尿病消耗品,包括血糖機、血糖試紙及 取血針。此外,我們亦提供醫療用品資 助計劃,以實報實銷的形式現金資助經 濟有困難的家庭購買糖尿病消耗品。我 們更備有2部連續血糖監測儀,供會員 試用,助他們全天候監察血糖水平。

## FINANCIAL AND MEDICAL SUPPORT

To help our members defray the costs of medical items such as blood glucose monitors, test strips and lancets, we source special discounts from healthcare and pharmaceutical companies. Our Financial Assistance **Programme** provides much-needed subsidies to disadvantaged families for essential diabetes supplies and medical consultations. We also offer our two sets of continuous glucose monitoring systems (CGMS) for our members to use and learn more about their blood glucose patterns.



## 受惠會員 How many members benefited?





## 教育及社區 推廣活動

提升社會大眾對糖尿病的關注,我們會定期舉行各式的糖尿病座談會和工作坊,分享控糖技巧和最新科技。本年度3月舉辦的糖尿病研討會邀請了多位糖尿病專家主持演講,提供日常糖尿病管理資訊及建議。同時,我們在學校推行個人化糖尿病照顧計劃,讓患病的兒童在校內也能獲得悉心照料。

我們出版會員季刊,讓會員近貼協會的動向和最新的糖尿病資訊,而「希望之火」獎學金,則可表 揚優秀的年輕糖尿病患者,鼓勵他們有效控制病情。

#### **EDUCATION AND COMMUNITY ACTIVITIES**

We regularly organise diabetes seminars and workshops, to share new information and to raise public awareness about diabetes. In March 2016, the Youth Diabetes Conference invited numerous diabetes experts to share their knowledge on effective disease management. In addition, we launched the Diabetes School Care Plan to ensure children receive appropriate care at school.

Through our quarterly magazines, we share the latest diabetes information and event information. And to celebrate the achievements of young people with diabetes, we have the annual Flame of Hope Scholarship award.





#### CARE SUPPORT PROGRAMMES

To face the challenge of diabetes in a positive way, it is important for families to have peer support. Our Mentorship Programme helps newly-diagnosed children and their families who may feel helpless, anxious, and stressed; and we organise different activities to help them establish a positive attitude towards life.

## 關愛支援計劃

面對糖尿病的挑戰,孩子和他們 的家人同樣需要建立朋輩網絡, 從而獲得鼓勵及支援。因此,我 們推出朋輩支援大使計劃,幫助 初確診的病童和家長舒緩初階段 帶來的徬徨無助、震驚和壓力; 並且為會員及家庭舉辦不同類型 的活動和聚會,幫助大家培養正 面的人生態度。

我們今年舉辦了

39次
活動聚會,

參加人數超過

2,100人

We have held

gatherings and events. with over

## 家長活動

舉辦家長減壓與互助小組、定期的家長 聚會,讓家長可以分享照顧糖尿病子女 的經驗及心得。

## **Parent Programmes**

We organise self-help groups and regular parent gatherings, so that parents can share their experiences about caring for a child with diabetes.





## 兒童及青少年活動

透過不同類型的活動,讓會員在不同領域中建立自信、發展興趣,而每年一度的青少年營,更可讓會員認識更多有關糖尿病的知識、學習獨立處理日常糖尿病管理。

# **Children and Youth Programmes**

Through different kinds of activities, we enable our youth and children members to develop their interests and build confidence. Our annual diabetes camp also gives members the opportunity to learn about independent daily disease management.







## 家庭活動

家人的支持對糖尿病兒童尤其重要。我們會定期 舉辦親子活動,加強家庭的凝聚力。

## **Family Events**

Family support is extremely important for children with diabetes. We regularly host different family events to help strengthen family bond.



繼「健胰騎士夢環台2014」之後,5位患一型 糖尿病的參加者身體力行證明了糖尿病並不 是人生的障礙。為了延續和發揚這份〝我做 得到! / 的精神, Team YDA宣告成立, 並且 由青少年管理,透過團隊活動,促進YDA會 員身心健康,確切認知糖尿病不是障礙。





In the "Ride for Youth Diabetes" event in 2014, five participants proved that diabetes is not a hurdle to achieving your life goals. Team YDA was established to continue to spread the motto of "Yes I can!". Through youth-led team activities, YDA members can achieve mental and physical fitness, and overcome their conditions.

## 籌款活動

為了提供持續的支援及服務予糖尿病兒童,我們每年均會舉辦不同的籌款活動增加經費來源。本年度,我們便舉辦了一年一度的「春日愛心悠悠」籌款晚宴,籌得港幣270萬善款,以作建立兒童糖尿中心之用; 在藍月十一,分別舉行了慈善手袋拍賣和「童行有您2015」遠足籌款。遠足籌款特別邀請了食物及衛生局局長高永文,BBS,JP主持起步禮,獲得逾300位熱心人士參加,20間企業及機構贊助和支持。





YDA holds fundraising events to enable us to continue to offer much-needed services to children with diabetes. This year, we have raised over \$2.7 million from our annual Spring Fling fundraising dinner, which was crucial for setting up our Centre of Excellence. During World Diabetes Month of November, we organised the charity handbag auction as well as the "Hike for Youth Diabetes 2015". The hiking event received sponsorship and support from 20 companies and organisations.



## 核數師報告 AUDITOR'S REPORT

#### INDEPENDENT HONORARY AUDITOR'S REPORT

TO THE MEMBERS OF YOUTH DIABETES ACTION (the "Association")

(a company limited by guarantee and not having a share capital)

We have audited the financial statements of the Association set out on pages 4 to 15, which comprise the statement of financial position as at 31st March, 2016, and the statement of surplus or deficit and other comprehensive income, statement of changes in accumulated funds and statement of cash flows for the year then ended and a summary of significant accounting policies and other explanatory information.

#### Councillors' responsibility for the financial statements

The councillors are responsible for the preparation of financial statements that give a true and fair view in accordance with Hong Kong Financial Reporting Standards issued by the Hong Kong Institute of Certified Public Accountants and the Hong Kong Companies Ordinance, and for such internal control as the councillors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

#### Auditor's responsibility

Our responsibility is to express an opinion on these financial statements based on our audit and to report our opinion solely to you, as a body, in accordance with the Hong Kong Companies Ordinance, and for no other purpose. We do not assume responsibility towards or accept liability to any other person for the contents of this report. We conducted our audit in accordance with Hong Kong Standards on Auditing issued by the Hong Kong Institute of Certified Public Accountants. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation of financial statements that give a true and fair view in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the councillors, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

#### Opinion

In our opinion, the financial statements give a true and fair view of the financial position of the Association at 31st March, 2016 and of its financial performance and cash flows for the year then ended in accordance with Hong Kong Financial Reporting Standards and have been properly prepared in accordance with the Hong Kong Companies Ordinance.

Robert Chui & Co. Certified Public Accountants (Practising) Hong Kong

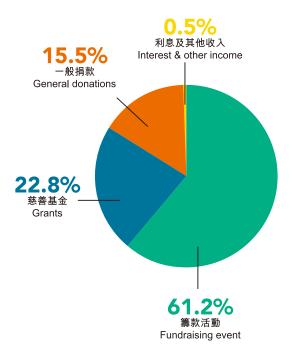
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## 財務摘要 FINANCIAL HIGHLIGHTS

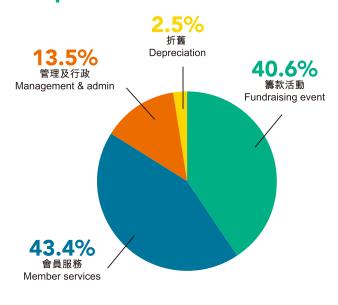
我們珍惜捐款的每分每毫,並且謹慎運用,努力邁向「糖尿病不會成為孩子阻礙」的願景。

We value the donations we receive and manage our spending with care, maximising each dollar towards our goal to eliminate all barriers for children with diabetes.

### 收入 Income

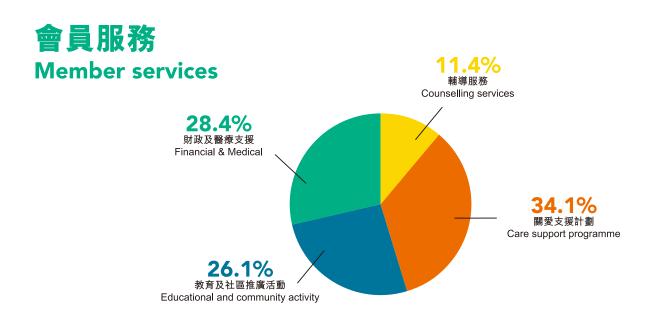


## 支出 Expense



總收入Total income: \$5,927,230

總支出Total expenses: \$3,052,705.3



總支出Total expenses: \$1,320,061.7

# 已審核財務報表 STATEMENT OF FINANCIAL POSITION

#### YOUTH DIABETES ACTION

STATEMENT OF FINANCIAL POSITION

31st March, 2016		
	2016	2015
	HK\$	HK\$
NON CURRENT ACCETO		
NON-CURRENT ASSETS		40.400
Property, plant and equipment	6,184,647	49,190
CURRENT ASSETS		
	004.005	
Other receivable	831,985	-
Deposits and prepayments	548,195	503,331
Cash and bank balances	4,995,084	8,050,025
	6,375,264	8,553,356
CURRENT LIABILITIES		
Accruals	66,406	66,987
Donation received in advance	1,626,773	543,352
Benation received in advance	1,693,179	610,339
NET CURRENT ASSETS	4,682,085	7,943,017
NET ASSETS	10,866,732	7,992,207
Democrated by		
Represented by:		
ACCUMULATED FUNDS	10,866,732	7,992,207

#### 兒童糖尿協會委員會及顧問 Youth Diabetes Action Councillors and Advisors

#### Chairperson Emeritus 榮譽主席

Ms Joanna Hotung 何苗春暉女士

#### Chairperson 主席

Ms Fina Cheng 鄭馮亮琪女士

#### Hon Treasurer 義務司庫

Mr Wilson To 杜偉雄先生 (resigned on 19 December 2015 於2015年12月19日辭任) Ms Jocelyn Lam 林燕珊女士

#### Hon Company Secretary 義務公司秘書

Ms Queenie Kwok 郭燕麗女士

#### Hon Auditor 義務核數師

Robert Chui & Co. 崔志仁會計師行

#### Legal Advisor 法律顧問

P.C. Woo & Co. 胡百全律師事務所

#### Councillors 委員

Ms Melissa Brewster

Mr Raymond Choi 蔡浩澎先生

(resigned on 15 November 2015

於2015年11月15日辭任)

Ms Debby Davidson 鍾雅雯女士

Mr Manoj R. Dani

Mrs Julie Fried

Ms Mara Hotung 何美雲女士

Ms Jocelyn Lam 林燕珊女士

Ms Lavina Lim 林梅若梅女士

Mr Andy Maynard

Ms Alice Poon 潘愛莎女士

Mr Haresh Wadhwani

#### Hon Medical Advisors 榮譽醫療顧問

Prof PT Cheung 張璧濤教授

香港大學

兒童及青少年科學系副教授

Associate Professor

Department of Paediatrics and

Adolescent Medicine

The University of Hong Kong

Prof Clive Cockram 郭克倫教授

內分泌及糖尿科醫生

Specialist in Endocrinology, Diabetes

and Metabolism

Prof Ronald Ma 馬青雲教授

香港中文大學

內科及藥物治療學系教授

威爾斯親王醫院

Professor

Department of Medicine and Therapeutics

Chinese University of Hong Kong

Prince of Wales Hospital

Dr Antony Fu 傳振祥醫生

瑪嘉烈醫院

兒童及青少年科

兒科專科醫生

Specialist in Paediatrics

Department of Paediatrics and Adolescent

Medicine

Princess Margaret Hospital

Dr KF Huen 褟桂芬醫生

Dr Elaine Kwan 關彥華醫生

東區尤德夫人那打素醫院

兒童及青少年科顧問醫生

Consultant

Department of Paediatrics and Adolescent

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Caritas Medical Centre

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屯門醫院

兒童及青少年科醫生

Department of Paediatrics and Adolescent

Medicine

Tuen Mun Hospital

Dr Tung Yuet-ling, Joanna 童月玲醫生

瑪麗醫院

兒科專科醫生

Paediatric Specialist

Queen Mary Hospital

Dr Wong Man-Yee Shirley 黃敏儀醫生 兒科專科醫生

Specialist in Paediatrics

Dr Wong Wai Chun, Sammy 黃偉進醫生

雅麗氏何妙齡那打素醫院

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Cluster

Hospital Authority

Ms Theresa Yeung 楊海明姑娘

威爾斯親王醫院

糖尿及內分泌科中心資深護師 (糖尿科)

Advanced Practice Nurse (Diabetes)

Diabetes and Endocrine Centre

Prince of Wales Hospital



#### **ACKNOWLEDGEMENTS**

我們衷心感謝下列團體及人士於2015年 4月 至2016年 3月的慷慨捐贈和支持,我們亦謹向那些無名捐款者深表謝意。

Our sincere gratitude to all of our donors and supporters during April 2015 to March 2016. Our thanks also go to all those who have made anonymous donations.

#### Companies / Organisations 公司/機構/社區團體

Abbott Laboratory Limited

Acon Diabetes Care

Akola Bridal Alf Painting

Alice Ho Miu Ling Nethersole

Hospital-Department of Paediatrics &

Adolescent Medicine Anastassia's Art House APAC Resources Limited

Ascensia Diabetes Care Hong Kong Limited

Association of Hong Kong Diabetes Nurses

Assudamal & Sons (HK) Limited

Base Square Design Ltd. Bayer HealthCare Limited

BD Medical
Beaute Par Zai
BELMOND
Bergé Studio
BRUNEBLONDE
Bonvivant & Bellavita

Calla Lily Celki VitalAire

Champion Ballroom Dancing Academy

Chanel Hong Kong Limited Charlotte Travel Limited Chellaram Diabetes Institute

Chiocciola

Choco Choco Fine Chocolate Chopard Hong Kong Limited Clarus Aesthetic & Laser Centre

COL Capital Limited
Comme Maman Collection
Concept Creations Ltd
Conrad Hong Kong
Covermagazine HK Ltd

Crown Worldwide Holdings Limited

Damina Fashion

Delphin System Hong Kong Ltd Dr.T vision centre for children

Dragon Capital Limited

dragon-i

Dreamchasers Ltd

Dyson Ecostore Eli Lilly Asia, Inc.

Episciences Hong Kong Ltd

Equal Asia Pacific Farmer's Kitchen Flex Studio

Four Seasons Hotel

Fruit Design & Build Limited

Gaia Group Generation C

Global Consumer Products Private Ltd

Globalluxe Limited

Goa Marriott Resort & Spa Goldman Sachs & Co

Hago Limited

Hanson of Sonoma Vodka

Happy Cow

Harilela Hotels Limited Healthy Living Asia Magazine

Heavens Portfolio Hebe Haven Yacht Club HK Photobox Photobooths Hong Kong Auctions

Hong Kong Chicken and Chablis Group Hong Kong Dietitians Association

Hong Kong Disneyland Resort

Hong Kong International Eye Foundation

Hong Kong International School
Hong Kong Society of Endocrinology,
Metabolism and Reproduction

Hong Kong Society of Paediatric Endocrinology and Metabolism IMI - Integrated Medicine Institute

Intercontinental Hong Kong ISTA THE CURRY PLACE

Jaxcoco

JEMS Learning House Kennedy School Kids Gallery

Kopen Electrical Co. Ltd

**KOTUR** 

Kwong Wah Hospital TWGHs BOCHK

Diabetes Centre Leather Reborn Lee Kum Kee Co Ltd Lindt & Sprûngli (Asia Pacific) Limited

Lions Club of Castle Peak HK Magnolia private kitchen Mayfare Concepts Limited Medtronic International Limited Melco Crown Entertainment Merchants Of Pleasure

Ms B's CAKERY

Nailone

Namo Avant Thai

Novo Nordisk Hong Kong Limited Oasis Management (HK) LLC

Ocean Blue

Oh Precious Image

Pamela Youde Nethersole Eastern

Hospital-Diabetes Centre Pantry Bread & Pastries Pinstripe Interiors

Plantation Bay Resort and Spa Pok Oi Hospital-Diabetes Centre

PolyVision Eyecare Centres

Prestique Limited

Prince of Wales Hospital-Diabetes Mellitus and Endocrine Centre

Princess Margaret Hospital-Department of Paediatrics & Adolescent Medicine

Pure International (HK) Ltd

Purearth

QBE Insurance Asia Pacific

Queen Elizabeth Hospital-Adolescent

Medicine Centre

Queen Mary Hospital-Department of Paediatrics and Adolescent Medicine

Queen's Café Renaissance College

Safira

Salvatore Ferragamo

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兒童糖尿協會自2001年成立以來,一直 透過教育培訓、聚會活動、醫療資助,致力 援助香港的糖尿病的兒童、青少年及他們 的家庭,為他們爭取平等的權益。

我們在此衷心感謝善長、醫護、義工等各界的慷慨捐款和支持,讓我們可以繼續為糖尿病的孩子燃點希望,讓他們勇敢地面對生命,在鼓勵中茁狀成長。

Since our inception in 2001, YDA has been dedicated to support children and youth with diabetes as well as their families; providing educational and social opportunities as well as financial assistance. We strive to advocate for equal rights for all children with diabetes.

We would like to express our heartfelt gratitude to all of our donors, volunteers and medical advisors. With your generous support, we can continue to be the beacon of hope for all children with diabetes, so that they may grow and thrive in a healthy environment.

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