



ANNUAL REPORT

2018 - 2019



糖尿病不再是孩子的障礙 No child held back because of diabetes



主席的話 Message from the Chairperson

糖尿病對生活各方面造成影響,並需要持續管理,當中牽涉的各種情緒壓力,是增加遵守糖尿病管理難度的主要因素。

我們了解糖尿病兒童、青少年以及他們的 家長所面對的種種挑戰,因此,我們提供 的服務著重賦予力量及鼓勵參與,致力幫 助他們克服財政及情緒上的難關。為了及 早處理病患面對的問題,我們增加了社工 的支援,使我們能夠向有需要的家庭施予 更多直接的援助。我們非常慶幸會員及家 長樂於回饋計會,為朋輩天使計劃的新個 案提供義務援助。他們是一支全面掌握糖 尿病管理知識的強大團隊,能夠向其他會 員給予安慰及分享實踐經驗。此外,我們 十分感激醫療專業人員在多個重要項目上 給予我們無條件的支援,例如協助建立兒 童糖尿病紀錄冊,制定指引,推動醫療團 隊及政府提供即時護理服務,並達到國際 最高標準。他們亦積極參與不同活動,包 括糖尿病座談會以及深受歡迎的年度兒童 健康夏令營。

全賴各位善長的慷慨捐助,我們得以維持 向患病兒童及家庭提供援助。「助養兒童 計劃」是本會核心項目之一,我們持續 年資助了超過五十五個有經濟困難的家庭 購買醫療消耗品,這些用品對孩子的糖 病管理及存活都極為重要。我謹代、名 委員會,感謝所有慷慨的捐助者、名譽醫 療顧問、籌募委員會和相關委員會,的 資別不懈的員工,竭盡所能幫助我們的 員,同心協力為香港的糖尿病童締造不一 樣的生活。 Diabetes impacts every aspect of life and requires constant management. The emotional stresses involved are a major factor that adds to the challenges of non-adherence to diabetes management.

We understand the challenges faced by children and teens with diabetes and their parents. Our services emphasise empowerment and engagement, so that they can overcome both financial and emotional challenges. We have increased the support from our social workers, with the aim to address and attend to issues in the early stages. This additional resource allows us to offer more direct support to families during their time of need. We are very fortunate that YDA members and parents give back to the community and provide voluntary support to new cases in our Mentorship Programme. They are a powerful force who know diabetes management from the inside out, providing comfort and hands-on experience to other members in need. We are also grateful to receive unconditional support from medical professionals for important projects, like the Childhood Diabetes Registry that creates guidelines for medical teams and the government to provide point-of-care treatment and meet the highest global standards. They also participate in various programmes, including the Diabetes Conference and our popular annual Youth Camp.

Our ability to maintain support to children and families lies in the generous donations we have received from donors. The Sponsor a Child Programme is one of YDA's core initiatives, where we continue our support to over 55 financially needy families in purchasing medical disposables essential for their children's diabetes management and survival per annum. On behalf of our volunteer Council, I wish to thank our generous donors, Honorary Medical Advisors, Fundraising and other Committees, and hardworking staff who have all dedicated themselves wholeheartedly to support our members and make a difference for children with diabetes in Hong Kong.

鄭馮亮琪 主席 2019年10月23日 Fina Cheng Chairperson 23/10/2019





兒童糖尿協會是一個獨立慈善團體,成立於2001年,一直透過教育培訓、聚會活動、醫療資助,致力援助香港糖尿病兒童、青少年及其家庭,為他們爭取平等權益。



Youth Diabetes Action (YDA) is a charity organisation established in 2001 dedicated to the advocacy and aid of children with diabetes and their families through raising diabetes awareness, organising peer support groups, as well as providing financial and medical support.

- 宗旨Mission

為香港糖尿病患者兒童、青少年及其家庭提供支援

To support children and adolescents with diabetes and their families in Hong Kong

丰色 g Vision

糖尿病不再是孩子的障礙

No child held back because of diabetes

🗪 本會的日標 Objectives

- 為糖尿病患兒童及青少年爭取權益
 Promote community awareness and knowledge of diabetes' effect on children and adolescents
- 改善對糖尿病患兒童、青少年及其家庭的支援及溝通
 Improve communication with and support to children and adolescents with diabetes and their family members
- 為糖尿病患兒童、青少年及其家庭以及公眾舉辦各項教育及聯誼活動,及提供經濟援助
 Organise, promote, and execute educational, social, financial support and other programmes for children and adolescents with diabetes, their family members, and the public
- 提高社會對糖尿病對兒童及青少年影響的關注與認識
 Advocate for children and adolescents with diabetes

年度焦黑5

Highlights for the Year



♪ 春○慈善音樂會 Charity Concert

本會聯同香港愛樂團及兒童藝廊舉辦了首場春日慈善音樂會,籌得逾一 百萬港元善款,為有財政困難的糖尿病童及其家人提供醫療資助、輔導 服務及其他關愛支援計劃。

YDA joined the SAR Philharmonic Orchestra and Kids' Gallery to organise our first charity concert, raising over HK\$1 million towards supporting children with diabetes and their family members through medical subsidies to financially-needy families, counselling services, and other care support programmes.







- 两岸四世兒童健康夏令營 Hosting the Greater China Diabetes Youth Camp

本會於七月首次在香港舉辦了兩岸四地兒童健康夏令營,匯聚來白香港、 北京、上海及台灣等地的糖尿病青少年、他們的家長以及醫療專業人員。

In July, YDA had the honour of hosting Hong Kong's first Greater China Diabetes Youth Camp; connecting young people with diabetes, their parents, and medical professionals from HK, Beijing, Shanghai, and Taiwan.



藍月·十一 Blue November

本會舉辦的「童行有您」慈善行山及「藍飾日」自拍活動,獲得眾多 企業支持者、醫療專業人員及會員好友的踴躍參與,以身體力行支持糖 尿病童。

Many corporate supporters, medical professionals, YDA members and friends participated in the Blue November charity hike and the Dress in Blue selfies. The support received show that children with diabetes are not alone.







關豐支援 Care Support



本會的關愛支援服務旨在增強糖尿病 兒童的自信及知識,使他們能夠在家 人的支持下健康控糖。

朋輩大使計劃已成立了五年,並且成功地將家庭聯繫在一起。本計劃為新確診家庭提供一年的支持,希望透過各大使的經驗及知識幫助新確診家庭建立朋輩網絡及分享日常控糖管理經驗,以減輕壓力和焦慮。

Our Care Support Services are aimed at empowering young people with diabetes to enable them to take control of their diabetes management with the support of their family.

The Mentorship Programme is in its fifth year and it has been successful in connecting families together. The programme provides newly diagnosed/referral families one year of support which includes pairing them up with a mentor for peer support, to share experiences on daily management issues and to ease their stress and anxiety.







累計图對 Accumulated matching





III pairs







車事 導 服務 Counselling Services



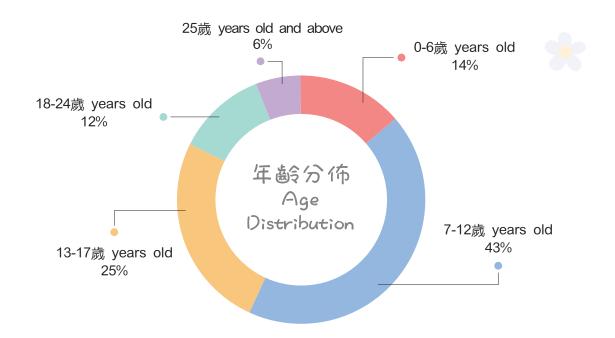


Being newly diagnosed with diabetes can be very daunting for a child and their family. They could be left feeling very confused, lonely and frightened. Therefore, we aim to provide immediate counselling services to a newly diagnosed child and their parents as soon as possible. This service aims to reassure families that there is support and information available for them.











熱線 Hotline Services: >2400 查詢 enquiries



教育及社區推廣





關於糖尿病,仍然存在許多誤解。提高公眾意識令糖尿病患童從社區 和獲得他們所需要的支持和理解。

為此,本會透過不同渠道為公眾提供資訊,包括本會的季刊及研討會,以供公眾更深入了解糖尿病。此外,還有每年的「藍月·十一」運動,響應十一月十四日世界糖尿病日。

學校是糖尿病童的重要支持網絡。本會通過推廣 "個人化糖尿病照顧計劃",繼續在學校環境中提高認識,是糖尿病童可以用來與學校交流有關其糖尿病的重要工具。

本會將繼續倡導糖尿病童。我們與十一個兒科部門合作,通過香港兒童糖尿記錄冊追蹤糖尿病的長遠影響。



There are still a lot of misconceptions around diabetes. Raising public awareness is key to a child receiving the support and understanding they require from their community and support network.

To do this we produce a number of materials for the public, such as our quarterly magazine, *YDA Today*, and organised a number of diabetes seminars and workshops for the public to learn more about diabetes. There is also the annual awareness raising campaign Blue November to commemorate World Diabetes Day in November.

School is an important support network for a child with diabetes. We continue to raise awareness within the school environment, through the promotion of the Individualised Diabetes School Care Plan, which is a great tool for a child with diabetes to use in order to communicate with all school staff about their diabetes care.

We continue to advocate for children with diabetes wherever possible. We are currently collaborating with 11 paediatric units to track the long-term effects of diabetes through the Hong Kong Childhood Diabetes Registry.



図す正反及醫療支援 Financial and Medical Support

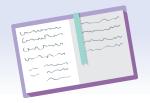


With the government only subsidising the cost of insulin, the cost of diabetes supplies needed to administer the insulin and manage Type 1 diabetes is still a huge burden for some families. That is why the Financial Assistance Programme (FAP) is so important. Over 55 families have benefited from the FAP this year. The programme provides much needed financial support to disadvantaged families to ensure they are able to obtain essential medical supplies and consultations for their child with diabetes.









木Ó iois iois story Alden's story







"柏澔確診后,我們突然面臨著糖尿醫療消耗品的巨額開支。他每天必須檢查六次血糖。這些血糖檢查的測試條真的很貴,但它是必需品。我知道這不衛生,但我以前會重複使用採血針以節省成本 - 我不知道還能做什麼。"

"Alden's diagnosis of Type 1 diabetes meant we were suddenly faced with hefty expenses for his diabetes kit. I know it's not hygienic, but I used to reuse blood taking lancets to save on costs - I didn't know what else to do"

Fanny, Alden's mother





每日多次血液檢查和胰島素注射對一型糖尿病患者至關重要。糖尿病兒童需要購買基本醫療設備以維持生命並監測病情,然而政府卻沒有支援。這些家庭因而面臨巨大的壓力。

"柏澔剛確診時令我覺得無助,孤獨,好像沒有人了解我們正在經歷的事情。有了醫療用品資助計劃,柏澔在糖尿病及其他方面都能夠獲得他需要的幫助,與其他父母保持聯繫對我來說是一個巨大的幫助。我非常感謝所有慷慨的捐助者。醫療用品資助計劃確實給我們的生活帶來了巨大的變化,我對柏澔的未來充滿希望。"

Multiple daily blood tests and insulin injections are essential for people with Type 1 diabetes. Without sufficient support from the government, families of children with diabetes are under tremendous financial pressure and often struggle to purchase the most basic medical equipment. Unfortunately, it is not a cost that can be overlooked. It is needed for children with Type 1 diabetes, in order for them to stay alive.

Fanny says: "It was all very overwhelming and at times it felt lonely, no one understood what we were going through. Being on the Sponsor a Child Programme has meant Alden is getting the care he needs, and meeting with other parents has been a huge help to me. I'm so grateful for all the generous donors and sponsors, it has really made a huge difference to our lives and I am now hopeful for Alden's future."



請為杨游與其他糖尿病患兒童帶來改變,確保他們能夠獲得必要的醫療設備來管理他們的糖尿病。

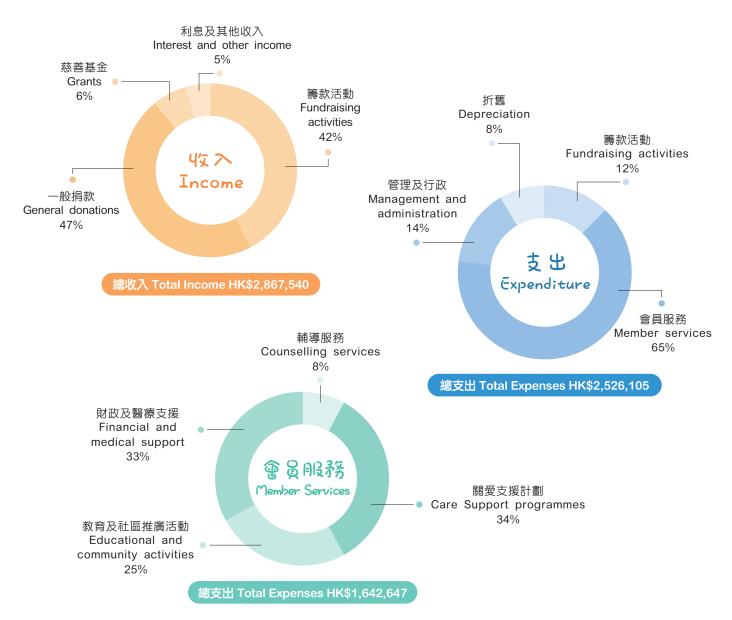
Help us to make a difference for children like Alden, so they can receive the necessary medical equipment and emotional support to manage their diabetes.





Q才养摘要

Financial Highlights





兒童糖尿協會董事會·顧問及委員會成員 Council and Committee Members

董事會 Youth Diabetes Action Council

榮譽主席 Chairperson Emeritus 何苗春暉女士 Ms Joanna Hotung

主席 Chairperson 鄭馮亮琪女士 Ms Fina Cheng

義務司庫 Hon Treasurer 李佩君女士 Ms Tina Lee

義務公司秘書 Hon Company Secretary 郭燕麗女士 Ms Queenie Kwok

義務核數師 Hon Auditor 志仁會計師行有限公司 Robert Chui CPA Ltd [note 1]

法律顧問 Hon Legal Advisors 賴顯榮律師 Mr Henry Lai

楊明悌大律師 Ir Prof Yeung Ming Tai

委員 Councillors Ms Melissa Ann Brewster

Mr Manoj Ram Dani

Ms Julie Farrell

Ms Julie Fried

何美雲女士 Ms Mara Hotung

林梅若梅女士 Ms Lavina Lim

Mr Andy Maynard

潘愛莎女士 Ms Alice Poon [note 2]

Mr Haresh Wadhwani

- [note 1] Baker Tilly Hong Kong Ltd has been appointed as Hon Auditor of YDA on 10 July 2019 in place of Robert Chui CPA Ltd.
 天職香港會計師事務所有限公司於2019年7月10日被任命為義務核數師,取代志仁會計師行有限公司。
- [note 2] Ms Alice Poon has resigned as Councilor w.e.f 6 October 2019.
 潘愛莎女士於2019年10月6日辭任委員一職。



兒童糖尿協會董事會·顧問及委員會成員 Council and Committee Members

榮譽醫療顧問 Hon Medical Advisors

張璧濤教授 Professor Pik To Cheung

郭克倫教授 Professor Clive Cockram

馬青雲教授 Professor Ronald Ma

傅振祥醫生 Dr Antony Fu

關彥華醫生 Dr Elaine Kwan

黃慧如醫生 Dr Eunice Wong

童月玲醫生 Dr Tung Yuet Ling, Joanna

黃敏儀醫生 Dr Wong Man Yee, Shirley

黃偉進醫生 Dr Wong Wai Chun, Sammy

游可聰醫生 Dr Yau Ho Chung

林思為小姐 Ms Sylvia Lam

莫碧虹姑娘 Ms Maisy Mok

潘綺雯姑娘 Ms Iris Poon

楊海明姑娘 Ms Theresa Yeung

等等 安安安

Fundraising

Ms Joanna Hotung

Ms Melissa Ann Brewster

Ms Julie Fried

Ms Mara Hotung

Ms Lavina Lim

Ms Banu Babayeva

Ms Carmen Fernandez Beaves

Ms Aradhna Dayal

Ms Laila Harilela

Ms Reyna Harilela

Ms Shirley Hiranand

Mr Lawrence WC Lau

Ms Carisse Mueller

Ms Olga Roh

Ms Janana Suleymanli

Ms Anna Treier

Ms Rina Wadhwani



鳴謝

Acknowledgements



兒童糖尿協會衷心感謝下列機構、團體及人士於2018年4月1日至2019年3月31日財政年度的捐款及鼎力支持,使我們能夠為各會員提供更多服務。

Thanks to the generous support of the following companies, organisations, and individuals from 1 April 2018 to 31 March 2019, we were able to continue our services to our members. On behalf of all the children at Youth Diabetes Action, thank you!

公司或事體 Companies/Organisations

Ascensia Diabetes Care Hong Kong

Limited

Absheron Hotel Group

Amorosso Fine Wines Limited

Annoushka Jewellery Asia Miles Limited

Berge Studio

Biogenesis Medical Co Limited

Bonnie's Cashmere

Celki Medical Company

Chanel Hong Kong Limited
Charlotte Travel Limited

Chellaram Foundation

China Union Properties Limited

Christian Louboutin

Clinique

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Dragon Capital Limited

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Eli Lilly Asia Inc

Equity Trustee Limited

Ethan K

Face Production

Flex Studio

Fortune Team Investment Limited

FR Events Group

Fruit Design & Build Limited

Fuseworks Limited

German Pool Group Co. Limited Goldman Sachs (Asia) L.L.C.

Hago Limited

Happy Jewels

Harilela Family

Harilela Hotels Limited

Heavens Portfolio

Hong Kong Child Life Association

The Hong Kong Club Foundation Limited

Hong Kong Diabetes Specialist Centre Co Limited

Hong Kong Dietitians Association

Hong Kong Disneyland Resort

Hong Kong Securities Cleaning Co Ltd

Hong Kong Tatler

Hotung Mills Education Foundation Limited

ISTYLE HK

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KARORI

Kids' Gallery Company Limited

KIMLAI Fine Jeweller

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La Reserve Geneva

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MD Foot Care Centre

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Natural Pure Products Limited

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Rotary Club of Channel Islands

Rotary Club of Hong Kong South

San Clemente Palace Kempinski

San Clemente i alace Kempinski

Sanofi-Aventis Hong Kong Limited

SAR Philharmonic Charitable Foundation

Limited

Schmidt Marketing (Consumer Products) Limited

Sense of Touch

Shawganic Limited

Shielder Hong Kong Limited

SPR · Field International Limited

The Hong Kong University of Science And

Technology

The Shamdasani Foundation

Twopresents

United Italian Corp. (HK) Limited

United Overseas Bank

Wadhsons (HK) Limited

Y S Liu Foundation Limited





Acknowledgements

13 / Individuals

Adam Ho AM Tsui Angela Chow Aradhna Dayal Baloch Karim Marc Oliver

Banu Babaveva Benedicta Pang Brian Murray Cai Wai Wang

Cai Yun and Wong Hong Man Thomas Carisse and Alois Mueller

Carmen and David Beaves

Carol Wu Ceri Hill

Chan Cheung Tak Chan Chi Kay Chan Wai Ling Chan Wai Yee Stacy Chang Hoi Yin Chang Shou Chung Cheng Lai Wan Cheung Chung Yiu Cheung Leung Sin Ha Chiara Rodriguez Chiu Chun Kin William Chong Fung Mei Chow Wai Ling Christina Ng

Chu Yuen Yee Chun Pong Tsang Chung Kei Hang Corinna Man

Christine Ip

Countess Elizabeth Von Pfeil

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Fina and Horace Cheng

Foo Chun

Fook Aun Chew and Sabrina Ho

Foona Hena Chim Fung Wai Yee Christina

Han Wei Hans Michael Jebsen Haresh Wadhani Harry Banga Hayden Ma Ho Lai Ngai

Hung Kam Piu Indra Bangia

Janana and Joi Pasha Jane Lam

Jane Lee Jenny Wona Jessica Wu Joanne Keung Julie Fried Jun Kin Kasa & The Fam Kathleen S.Y Poon Keov Soo Lik Kung Yin Man Lam Lai Chi Lam Sin Lai Judy Lavina Lim

Lee Che Yu Eddie Lee Ching Yin Lee Chun

Leung Chun Chun Candy

Leung Wai Man Li Ming Fai Li Yuk Ling Anita Lilian Kao Ling Cheng Pong Liu Kuen Livu Chen Lok Yan So Lou Sze Yan Lui Hang Ting Lyu Hongmei Ma Hung Yan Ma King Kuen Manoj R Dani

Mathias and Yuliawati Weisshuhn

Mia Eiendal Ming Chen

Mrs Purviz R Shroff and the late Mr Rusv M

Shroff, BBS, MBE Mui Sau Fung Michael Newton Chena Na Cheuna Hina Ng Fung Lan Cindy Ng Ka Hon Alan Na Wai Hina Olivia Wai Poon China Yu Prof Clive Grossman Prof John T.C. Ma Prof Juliana Chan Prof Louis Low

Prof Ronald Ma

PY Chow

Raymond & Marilyn Brewster

Raymond Choi Rio Wu Ruby Lau

Sakhrani Neetu Pitamber

Sandra Rhow Sarah Dyer Dana See Wee Phina Eric Shahneela Faruqui Sin Pui Yina Siu Luen Yee Sylvia Siu Tsz Chun Stalder Andreas Stan Krause

Stephanie Campbell and Amol Naik

Stephen John Clark Stuart Valentine Suhair Taha Susanna Na Tai Oi Tai Tam Lai Man Terri Lam Tina Lee Tse Pui Yin

Vivien Khoo Wai Yim Yee Olivia Wan Chi Hin Henry Wan Chi Kwong Wan Tsz Chun

Wei Lai Wendy Tong Barnes Winnie Yee

Wong Hoi Man Wong Nga Yu Wong Suet Fung Xie Qina

Yao Yuet Ying Yeung Chiu Man Yeuna Wai Yina Yeung Wing Shan

Yoonah Kang Young Kwong Wai Johnson

Yu Hoi Nina Yue Chung Yan Agnes Yuen Yeuk Au Alvin Yvonne Cheng 屈仲文 鄭淑薇



Albert Sze and family

Angela Chow

Antonie Cheung Bonnie Chan Celia Lee Chan Hei Tung Chan Yimav Coco She Dicky Poon Dr Antony Fu Dr Catherine Wong Dr HC Yau Dr Ivv Yam Dr Joanna Tung Dr Sammy Wong Dr Sarah Poon Elvis Yeuna Guo Dong Hui Helissa Qin Iris Poon Jenny Wong Kong King Ho Lam Man Hay Law Chin San Louie Man Maisy Mok Man Shu On Martin Siu Prof PT Cheung Ruby Lau Shirley Yu Susanna Yung Tai Oi Tai Theresa Yeung Tung Long Sang Hugo Wendy Kwan Wong Hoi Man

Wong Yuet Fung

Xu Lei

Yu Shuk Yi

Zhang Min



請捐款支持我們!

Help us to support children with diabetes to live a better life.

捐款種類 Donation Type

	本人願意支持兒童糖尿協會 I would like to make a donation in support of Youth Diabetes Action (YDA):
[每月港幣200,可資助1名糖尿病兒童購買1個月的採血針費用 Monthly HK\$200 - help a child with diabetes for a month's worth of blood test lancets
	每月港幣300,可資助1名糖尿病兒童購買1個月的採血針及針頭費用 Monthly HK\$300 - help a child with diabetes for a month's worth of lancets and insulin pen needles
	每月港幣600,可資助1名糖尿病兒童購買1個月的血糖試紙費用 Monthly HK\$600 - help a child for one month of blood glucose test strips
[港幣10,000 (助養兒童計劃),可資助1名糖尿病童購買1年的醫療消耗品費用,以改善其家庭生活 HK\$10,000 (Sponsor a Child) - sponsor the life of a child with diabetes and purchase diabetes medical supplies for one year
	其他金額 Other amount HK\$
	捐款方法 Donation Method
	劃線支票 By Cheque 劃線支票,抬頭請寫「兒童糖尿協會」By crossed cheque made payable to "Youth Diabetes Action" 支票號碼 Cheque no.:
	請把支票郵寄至:九龍土瓜灣道94號美華工業中心B座9樓B17室 Please send the cheque to: B17, 9/F, Block B, Merit Industrial Centre, 94 To Kwa Wan Road, Kowloon
	信用卡 By Credit Card O VISA O MasterCard O AE
	信用卡號碼 Credit Card No.:
	發卡銀行 Issuing Bank:
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