



Youth Diabetes  
Action  
兒童糖尿協會

# Annual Report 年報 2024-2025



# 本會承諾

## Our Commitment

我們致力於幫助糖尿病兒童和青少年过上更健康、更充實的生活。雖然糖尿病仍未有治癒方法，我們仍希望提供更多治療選擇及最好的護理，協助患者管理病情。

Youth Diabetes Action (YDA) is committed to supporting and empowering children and young people with diabetes to lead healthier, more fulfilling lives. Our focus is to expand access to more treatment options and ensure that high-quality care is available to support effective diabetes management, so that no child is held back because of diabetes.



## 本會工作

### How we help

#### 支持 Support

為糖尿病兒童和青少年提供情緒和經濟支援，讓他們有信心去管理病情，並保持積極心態。

We provide emotional and financial assistance to support children and young people with diabetes, and their families, to manage the condition with confidence and optimism.

#### 倡議 Advocate

為糖尿病兒童爭取權利，讓他們接受最好的護理及獲得更多治療選擇。

We champion the rights of children with diabetes, working to secure the best possible standards of care and broaden access to treatment choices.

#### 教育 Educate

致力提高社區對糖尿病的認識，消除對患者的誤解。

We are strongly committed to increasing public awareness and understanding of diabetes, and challenging common misconceptions about living with the condition.

# 推動科技普及 改變病患未來

## Driving Better Access to Empower Change

每位患有糖尿病的兒童及年輕人都應享有自由，選擇最適合自己生活與健康的治療方案。本年度，我們在香港重點倡議更廣泛地使用最新的糖尿病療法。

我們與持份者交流，探討如何讓一型糖尿病患者更易獲取及持續使用連續血糖監測儀（CGM）。為此，我們發起了網上聯署，收集公眾支持以及推廣CGM的普及性。2024年十一月，「賽馬會年輕糖尿支援計劃」發表首年成果令人鼓舞，進一步鞏固了我們倡議擴展使用CGM的決心。

與此同時，我們的外展工作大大提升了社會對兒童糖尿病的認識，突顯年輕病患面對的挑戰，以及他們對抗疾病的韌性，當中包括推動學校活動、港鐵站內張貼YDA宣傳海報，以及在無綫電視《星期日檔案》播出YDA會員的專題報導等。

最後，支持者、家庭、捐款人及合作伙伴所展現的鼎力支持，令人深受感動。在此謹向所有為本年度為本會工作貢獻良多的人，致以衷心謝意。有賴您們的持續鼓勵，我們將繼續努力，確保糖尿病不再是孩子的障礙。



鄭馮亮琪女士  
兒童糖尿協會主席

Every child and young adult living with diabetes deserves the freedom to choose the treatment that best supports their life and wellbeing. This year, our focus has been on advocating for better access to the latest diabetes therapies to be available in Hong Kong.

We engaged with stakeholders to discuss how CGMs could be more accessible and sustainable for individuals with Type 1 diabetes. As part of this effort, we launched an online petition to gather public support for improved access to CGM technology. In November 2024, the Jockey Club Support for Young People with Diabetes programme's first-year results showed encouraging outcomes, strengthening our advocacy for broader CGM access.

Our outreach efforts significantly increased public awareness of diabetes in children, highlighting their challenges and resilience. This included the launch of the school programme, a display of YDA posters across MTR stations, and a report featuring YDA members on TVB's Sunday Report.

Finally, the dedication shown by our supporters, families, donors and partners has been truly inspiring. I would like to extend my heartfelt thanks to everyone who contributed to another successful year. With your continued support, we will keep working to ensure that no child is held back by diabetes.

Fina Cheng  
Chairperson, Youth Diabetes Action

# 工作成果概覽

## Our Impact



超過  
More than  
**3,100** 名YDA會員  
YDA members

超過  
Over **70**  
個家庭受惠於助養兒童計劃  
families supported by  
Sponsor a Child programme

透過捐款及募捐籌得  
**1,650** 萬港元

HK **\$16.5** million  
raised through donations and fundraising

約  
Around  
**1,600**  
人參加YDA的活動  
individuals attended YDA  
activities and events

超過  
Over **900**

兒童和青少年透過CGM小彩虹計劃和賽馬會年輕糖尿支援計劃獲得CGM  
children and young adults received CGMs through the CGM Little Rainbow and  
Jockey Club Support for Young People with Diabetes programmes

義工  
Volunteers **68**

**35** 企業義工  
Corporate  
volunteers

**33** 會員及家長義工  
Member and Parent  
volunteers

朋輩大使計劃  
Mentorship Programme

累積配對  
Accumulated  
matching **275** 對  
pairs



熱線服務  
Hotline services

**> 2,200** 查詢  
enquiries

**76**

新確診會員人數  
Number of newly  
diagnosed members

0-6 歲 years old	<b>13</b>
7-12 歲 years old	<b>12</b>
13-17 歲 years old	<b>16</b>
18-24 歲 years old	<b>13</b>
Over 24 歲以上 years old	<b>22</b>

# 改變生命的支援

## Support that Transforms Lives

糖尿病可影響任何年齡人士，但並非人人都能獲得需要的資源與照顧，低收入家庭尤其面對更大困難。我們承諾持續加強各項計劃，為患病兒童及其家庭提供必要支援，在逆境中帶來希望。

While diabetes can affect anyone at any age, access to the necessary resources and care is not universal, posing particular difficulties for low-income families. We remain committed to strengthening our programmes to provide essential support for children and families managing this condition.

「2022年3月期間，疫情大爆發，全家人都感染了新冠病毒。楷燁由於酮酸中毒較嚴重而入住ICU病房，並確診為一型糖尿病，在屯門醫院住院治療將近一個月。當時我們完全不知道怎麼去照顧他。幸好有醫生和營養師的幫助，我們才慢慢放下緊張的心情，學習管理糖尿。

多謝黃立明醫生，他像父母一樣細心地照顧每位病人，更介紹我們認識兒童糖尿協會。楷燁剛確診一型糖尿病時，我們都很害怕；黃醫生細心教導我們怎麼樣去控制血糖，調節胰島素劑量。藉着黃醫生與YDA的幫助，現在楷燁已經適應得很好！」

**文楷燁媽媽 – 受惠於資助兒童計劃的YDA會員**

“When Kai Ip was diagnosed with Type 1 diabetes at 12, it was during a major COVID-19 outbreak, and our whole family was infected. His condition was severe, and he was admitted to the ICU with diabetic ketoacidosis and diagnosed with Type 1 diabetes. He stayed in the hospital for almost a month. We had no idea how to care for him. With guidance from doctors and nutritionists, we slowly overcame our initial fear and learned what diabetes management involved.

Our heartfelt thanks go to Dr Wong Lap Ming, who cares for every patient with the gentleness and attentiveness of a parent, and who introduced us to the YDA. When Kai Ip was first diagnosed with Type 1 diabetes, we were all terrified. Dr Wong patiently taught us how to manage blood glucose levels and adjust insulin dosages. With the support of Dr Wong and YDA, Kai Yip is now adapted very well!”

Wen Kai Ip's mum, a YDA member on the Sponsor a Child Programme





糖尿病的每月開支，為低收入家庭造成沉重壓力。「資助兒童計劃」支援超過70個家庭，協助支付針頭、血糖試紙及胰島素筆等基本用品費用，減輕他們的經濟負擔。此外，YDA的社工及家長支援小組亦提供重要的情緒支援網絡，協助家庭面對糖尿病帶來的挑戰。

「朋輩大使計劃」則為需要額外支援的會員，特別是新確診家庭，配對有經驗的導師，提供指導並分享日常管理糖尿病的經驗，讓新加入的家庭不再孤單。

Monthly diabetes expenses can place a significant strain on lower-income families. The Sponsor a Child Programme supports over 70 families, helping to ease this burden by covering the cost of essential supplies such as needles, blood glucose test strips and insulin pens. In addition, YDA's social workers and parent support group provide a vital network of emotional support, helping families navigate the challenges of living with diabetes.

The Mentorship Programme matches members who need some extra support, especially those newly diagnosed families with experienced mentors who can help to provide guidance and share experience on the daily management of diabetes.

# 倡議求變

## Advocating for Change

在英國、澳洲及新加坡等地，CGM已逐漸被視為一型糖尿病護理的標準配置。然而在香港，CGM的資助僅限於特定合資格人士短期使用。我們深知高昂費用令CGM難以普及；我們必須凝聚各界的力量，才能帶來真實的轉變。

2024年十月，我們發起聯署，倡議將CGM納入香港醫療系統，惠及年輕糖尿病患者。截至目前為止，我們已收集逾4,000個簽名，但仍需要更多支持。我們誠邀你加入—你的支持能確保每位孩子都能得到有效管理病情的必需品。

With CGM becoming increasingly recognised as the gold standard of care for people with Type 1 diabetes in countries such as the UK, Australia and Singapore, financial support for CGM use in Hong Kong is limited to short-term coverage for those meeting specific criteria. We recognise that the high cost of CGMs makes them inaccessible for all, and if we want meaningful change, it cannot be achieved alone.

In October 2024, we initiated a petition advocating for the inclusion of CGM devices in the HK healthcare system for young people with diabetes. With over 4,000 signatures collected, we still need more. We invite you to join us – your support can help ensure that every child has access to the tools they need to manage their condition effectively.



簽署及分享聯署  
Sign and share the petition

# YDA連續血糖監測計劃

## YDA CGM Programmes

協助年輕人有效管理血糖，不僅能提升生活質素，減少長期併發症及急症入院，更能減輕公共醫療系統的壓力。「CGM小彩虹計劃」及「賽馬會年輕糖尿支援計劃」正是為了提供更好管理糖尿病的儀器而設。

在2024-25財政年度，我們向超過900名兒童及年輕患者提供了超過20,000個CGM。

由公益金醫療援助基金支持的「CGM小彩虹計劃」已向241名16歲以下兒童派發CGM。問卷調查顯示，近九成使用者認同CGM減輕了指尖採血的痛楚與壓力，並讓他們能更容易地管理糖尿病。

Empowering young people to manage blood glucose effectively not only enhances quality of life, reduces long-term complications and emergency hospital admissions, but can ultimately help to ease pressure on the healthcare system. The CGM Little Rainbow programme and Jockey Club Support for Young People with Diabetes programme were set up to help provide access to diabetes technology.

In FY2024-25, we provided more than 20,000 pieces CGMs to over 900 children and young adults with diabetes.

The CGM Little Rainbow Programme, supported by The Community Chest Medical Assistance Fund, has delivered CGMs to 241 children under the age of 16. A questionnaire showed that almost 90% of users agreed that CGMs alleviate the pain and stress of finger-prick tests, and that the programme has empowered them to manage their diabetes better.





# 首年研究結果發布 First Year Results



賽馬會年輕糖尿支援計劃  
Jockey Club Support for Young People with Diabetes

兒童糖尿協會 (YDA) 與香港中文大學 (中大) 醫學院欣然公布，首年「賽馬會年輕糖尿支援計劃」中，使用連續血糖監測儀 (CGM) 之成效，是次計劃獲香港賽馬會慈善信託基金的慷慨資助，在協助年輕糖尿病患者的管理病情方面，取得顯著的進展。

是次計畫為期四年，第一年已成功為300多名三十歲以下年輕糖尿病患者提供CGM，標誌着糖尿病管理及護理領域，向前邁出了重要一步。CGM評估結果突顯了CGM技術的正面影響。

YDA and The Chinese University of Hong Kong's Faculty of Medicine (CU Medicine) were pleased to announce the first-year findings of the CGM evaluation from the Jockey Club Support for Young People with Diabetes programme. Generously funded by The Hong Kong Jockey Club Charities Trust, this initiative has made remarkable strides in diabetes management for young patients.

In its first year, this four-year programme successfully provided CGMs to over 300 young people living with diabetes aged under 30, marking a significant step forward in diabetes management and care. The findings from the CGM evaluation highlight the positive impact of CGM technology.

## 主要成效包括 Key results include:

- 83.2%的參與者對使用CGM感到滿意  
83.2% of participants expressed satisfaction with their use of CGMs.
- 首6個月的糖化血紅蛋白HbA1c值 ( 血糖控制指標 ) 平均降低0.55%  
Average reduction in HbA1c Levels (a measure of glucose control) by 0.55% in the first 6 months
- HbA1c每改善 1% · 長期糖尿病的眼、足或腎臟併發症的風險就會降低30%  
For every 1% improvement in HbA1c, the risk of long-term diabetes eye, foot or kidney complications is reduced by 30%
- 超過三分之二的參與者表示改善了生活質素  
Over two-thirds of participants reported a better quality of life

CGM計劃的好處不僅限於數字。它為一型糖尿病 ( T1D ) 的年輕患者及其家人的生活帶來了實質改善，令參與者減少了不眠之夜，更自由地活動及運動，無需經常擔心出現低血糖問題。患者家人表示，他們在控制病情方面感到更有能力和信心，生活更健康、更積極。

The benefits of the CGM programme extend beyond the numbers. The CGM programme has significantly improved the lives of young people with Type 1 diabetes and their families, reducing sleepless nights, anxiety around hypoglycaemia and fostering a healthier, more active lifestyle.



「CGM讓我們可以隨時監測女兒的血糖水平變化，令她免受每日多次篤手指驗血之苦，生活更自在。」

- 計劃參加者暨一型糖尿病患者Janet的母親

“The CGM enables us to monitor our daughter’s blood glucose levels anytime, relieving her from the pain of finger-prick blood tests. This has given her more freedom.”

- Mother of Janet, a teenager with Type 1 diabetes participating in the CGM programme

# 校園推廣關注糖尿病

## Promoting Diabetes Awareness in Schools



隨着糖尿病病例持續上升，提高校園關注極為重要，不僅能為患病兒童在學校提供良好的支援網絡，亦能推廣健康習慣以預防二型糖尿病。YDA進一步拓展校園講座計劃，走訪了5間學校，包括幼稚園、小學、大專院校及特殊學校。

深入理解、消除對病況的誤解，能更有效支援糖尿病兒童。我們希望延續這股動力，未來舉辦更多校園講座。特別鳴謝諾和諾德香港有限公司對校園講座計劃的慷慨支持。

As diabetes continues to rise, building awareness of diabetes is crucial to providing a good support network for children with diabetes in schools, as well as promoting the importance of healthy habits to prevent Type 2 diabetes. YDA further developed our school talk programme. We visited five schools, including kindergartens, primary schools, tertiary institutes and a special education school.

Gaining a better understanding and addressing the misconceptions about diabetes can significantly support children with diabetes. We hope to continue the momentum and provide more school talks in the future.

Thank you to Novo Nordisk for their generous support of the School Talk Programme.

「感謝兒童糖尿協會舉辦『糖尿病與健康飲食』講座，與IVE學生分享最新糖尿病知識。透過日常飲食選擇去預防糖尿病的實用貼士，加上前線醫護的專業分享，均提高了他們對糖尿病的關注。」

“Thank you to YDA for sharing updated information about diabetes and healthy diet with IVE students. The practical tips on preventing diabetes through daily diet selection and the insights from frontline health professionals also enhance our students’ awareness about diabetes.”

陳少容講師 (學生發展處)  
香港專業教育學院 (柴灣)

Viola Chan, Lecturer (Student Development Office)  
Hong Kong Institute of Vocational Education (Chai Wan)



「感謝兒童糖尿協會為本校安排健康推廣及教育活動，提高家長、學生及教職員對兒童糖尿病的關注與認識。當天營養師到校舉辦健康講座，內容豐富實用，讓家長能認識健康飲食的方法。此外，協會職員及義工與本校學生共同製作以健康生活為題的油畫布和攤位遊戲，讓學生在活動過程中認識健康生活及預防糖尿病的方法，活動富有意義！」

“Thank you to YDA for organising a health promotion and education activity at our school. The dietitian gave a practical talk on healthy eating habits, while YDA staff members and volunteers led painting and game activities for the students. Parents and students learned about healthy living and diabetes prevention in an engaging, educational way.”

歐陽姑娘 (校護)  
禮賢會恩慈學校

Ms Au Yeung (School Nurse)  
Rhenish Church Grace School



## 感謝支持 Thank You for Your Support

沒有你，我們無法做到！  
We can't do it without you!

合作伙伴及捐款人對改變糖尿病兒童的生命非常重要，他們的捐獻持續支持我們的恆常計劃，並為受影響孩子及家庭帶來正面影響。

Our partners and donors are essential in transforming the lives of children with diabetes. Their contributions significantly support our ongoing initiatives and help us make a positive impact on children and families affected by the condition.

## 「True Blue」藍色慈善晚宴 True Blue Cocktails & Dinner

YDA的「True Blue」藍色慈善晚宴為「藍月·十一」揭開序幕，籌得逾港幣640,000元。感謝各方友好及支持者的堅定承諾，特別感謝 Laila Harilela、Shirley Hiranand及Reyna Harilela女士提供府邸舉辦晚宴，以及冠名贊助人Purviz Shroff女士的慷慨解囊。

The YDA True Blue Cocktail & Dinner kicked off Blue November and raised over HK\$640,000. Thank you to friends and supporters for their unwavering commitment. A huge thank you to Laila Harilela, Shirley Hiranand, and Reyna Harilela for hosting the evening at their beautiful home, and to our generous Title Sponsor, Mrs Purviz Shroff.



## 慷慨捐款

### Generous donations

YDA衷心感謝Vantage Capital Markets捐款逾港幣480,000元。此外，我們亦感謝A&A Happy Company及Arjan G. Kirpalani遺產分別捐款港幣300,000元及100,000元。

YDA would like to extend our heartfelt gratitude to Vantage Capital Markets for their generous donation of over HK\$480,000. Additionally, A&A Happy Company and the estate of Arjan G. Kirpalani for their generous donation of HK\$300,000 and HK\$100,000, respectively.



## 擁有共同熱忱的夥伴 Partners Who Share Our Passion

感謝所有合作伙伴的持續支持與承諾。我們深表感激，因為您們的貢獻幫助改變生命，並為糖尿病兒童建構更健康的未來。特別鳴謝諾和諾德香港有限公司、香港公益金、香港賽馬會慈善信託基金、利銘澤黃瑤璧慈善基金及Dr Ip Yee Charitable Trust。

Thank you to all our partners for your continued support and commitment. We are deeply grateful for your contributions in helping to transform lives and build healthier futures for children with diabetes. A huge thank you to Novo Nordisk Hong Kong Limited, The Community Chest of Hong Kong, The Hong Kong Jockey Club Charities Trust, Drs Richard Charles and Esther Yewpick Lee Charitable Foundation and Dr Ip Yee Charitable Trust.

「自2013年起，我有幸一直支持YDA。YDA透過舉辦各種活動、工作坊及服務，支援患有糖尿病的兒童及其家庭。我衷心祝願YDA繼續取得成功，並祝福孩子們獲得勇氣、力量和快樂！」

"I have had the privilege of supporting YDA since 2013. YDA offers various activities, workshops, and services to support children with diabetes and their families. I wish YDA continued success and the children courage, strength, and happiness!"

**Mrs Purviz R. Shroff, MH**

「諾和諾德香港很榮幸能繼續與YDA合作。YDA致力支援每一位受糖尿病影響的兒童及其家庭，這與我們改善生活品質的宗旨不謀而合。透過支持YDA，我們希望確保年青人能及時獲取有關資訊及朋輩支援網絡，培養有效自我管理的技能。這個合作關係充分體現了我們對以病人為本的護理、預防及連繫社區的承諾。我們期望攜手創造一個讓糖尿病不再限制任何年青人的潛能的未來。」

"Novo Nordisk Hong Kong is proud to continue our partnership with YDA. YDA's dedication to supporting every child and family affected by diabetes aligns with our purpose to improve lives. By supporting YDA, we help ensure young people have access to timely information and peer networks to develop skills for effective self-management. This collaboration reflects our commitment to patient-centred care, prevention and community engagement. Together, we aim to create a future where diabetes does not limit any young person's potential."

**諾和諾德香港有限公司**  
**Novo Nordisk Hong Kong Limited**

# 讓社會聚焦糖尿病

## Bringing Diabetes into Focus

今年YDA在提升公眾對糖尿病的理解與認識方面取得重大進展，突顯患者面對的挑戰，並期望吸納社區支持。我們成功爭取港鐵廣告空間，於六月至九月期間在多條路線的扶手電梯展示宣傳海報，提升了曝光度，並引發乘客的關注與討論。

YDA與兩位會員陸浚諾及方思穎登上無綫電視《星期日檔案》。兩位年輕的一型糖尿病患者在節目中分享他們克服日常挑戰、自信生活並追尋夢想的過程。這個專題節目為患者提供平台，突顯糖尿病兒童的真實處境及他們日常展現的堅毅精神。

This year, YDA made significant progress in elevating public understanding and awareness of diabetes, shining a spotlight on the challenges and fostering greater community support. We successfully secured advertising space on the MTR, with our posters prominently displayed on escalators across multiple lines from June to September. This generated valuable visibility and sparked curiosity and conversations among commuters.

YDA, along with two of its members Luk Chun Lok and Fong Sze Wing, was featured on TVB's 'Sunday Report', where the two young members with Type 1 diabetes shared how they overcome daily challenges, live confidently with the condition, and continue to pursue their dreams. This feature provided a platform to highlight the realities children with diabetes face and the strength they demonstrate every day.



小朋友都可能有  
**糖 尿 病 ?**

兒童糖尿協會提供  
**持續血糖監測儀**

減輕“篤”手指  
驗血糖的麻煩及痛楚

即取支援，了解更多

☎ 2544 3263  
🔗 yda.org.hk

任何年紀都有可能  
患上 糖尿病

 Youth Diabetes  
Action  
兒童糖尿協會

詳情：  
For further details:



# 攜手支持 Get Involved

管理兒童和青少年一型糖尿病，對家庭和醫療提供者都是一大難題。它需要精準的日常管理，包括監察血糖、注射胰島素，以及提供合適的飲食。一旦處理不當，可能導致短期或長期的嚴重併發症。

面對以上種種挑戰，沒有您的支持，我們難以幫助糖尿病兒童消除障礙。

Managing Type 1 diabetes in children and young adults is a considerable challenge for both families and healthcare professionals. It demands rigorous day-to-day care, including frequent blood glucose monitoring, timely insulin administration, and careful dietary decision-making. When blood glucose is well controlled, it can lead to serious short- and long-term health complications.

These are big challenges, and without your support, we couldn't achieve our mission of no child held back by diabetes.

[www.yda.org.hk](http://www.yda.org.hk)



以下是一些支持本會的方式：  
Here are some ways to get involved:

## 捐款 Donate

您的一分一毫也可帶來改變。請幫助YDA繼續為糖尿病兒童及其家庭提供服務。

Every dollar makes a difference. Help YDA continue our work in providing vital services for children with diabetes and their families.

## 資助孩子一年 Sponsor a Child for a Year

HK\$12,000的善款可為有需要家庭支付一年的基本醫療設備及護理用品費用。

A donation of HK\$12,000 will help one family in need pay for essential medical equipment and healthcare items for a year.

## 成為YDA會員 Become a YDA Member

沒有糖尿病也可以成為會員。希望更多人加入我們，以表達對患者的支持。

You don't need to have diabetes to become a member. We want more people to join to show their support for people with diabetes.

## 企業合作夥伴 Corporate Partner

讓我們攜手，支持糖尿病兒童並提高社區對糖尿病的關注。

Join us in helping to support children with diabetes and raise awareness of diabetes in the community.

## 展望將來 Looking Ahead

隨着CGM計劃接近尾聲，我們了解到尋找可持續方案的需要，讓患者能繼續使用CGM，讓糖尿病兒童繼續發揮潛能。當病例上升，醫療資源及支援系統的壓力必然增加。因此，改善糖尿病管控儀器的普及性非常重要，尤其是已被證實能顯著提升患者長期健康的CGM。

根據YDA的調查顯示，在526名受訪者中，92%成功使用了CGM，其中八成為持續使用者。然而，94.7%的受訪者表示若費用維持高昂，他們將停止使用。CGM徹底革新了糖尿病管理，並改變了很多患者的日常生活。可是，對香港大部分家庭而言，高昂的費用仍然是阻礙他們改變生活的主要障礙。

未來我們將繼續倡議改善CGM的普及性及資助方案，確保每位年輕糖尿病患者都能持續使用CGM並從中受惠。

As the CGM programmes near completion. We recognise the urgent need to identify sustainable options for individuals to continue using CGMs. We want to empower children to reach their full potential. With diabetes cases on the rise, the pressure on healthcare resources and support systems will inevitably increase. It's essential to address the critical need for improved access to diabetes devices, particularly CGMs, which have been shown to significantly enhance the long-term health of individuals.

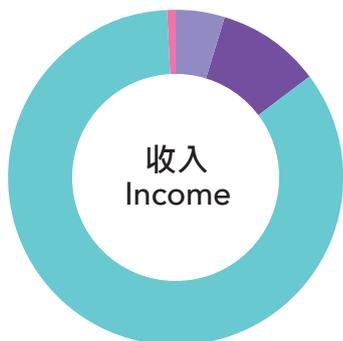
A YDA survey revealed that, of 526 respondents, 92% have successfully used CGMs, with 80% being continuous users. However, 94.7% indicated they would stop using CGMs if costs remain high. CGMs have revolutionised diabetes management and transformed the daily lives of countless individuals. Unfortunately, for many in Hong Kong, the high cost remains a barrier to accessing this life-changing technology.

Moving forward, we are committed to advocating for better access and funding solutions to ensure that every young person with diabetes can continue using CGMs and benefit from their proven positive effects on health management.



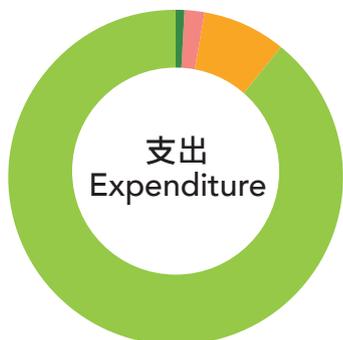
# 財政摘要

## Financial Highlight



- 1% 利息及其他收入  
Interest and other income
- 5% 籌款活動  
Fundraising activities
- 10% 一般捐款  
General donations
- 84% 慈善基金  
Grants

總收入  
Total income  
**HK\$16,577,294**



- 1% 折舊  
Depreciation
- 2% 籌款活動  
Fundraising activities
- 8% 管理及行政  
Management and administration
- 89% 會員服務  
Member services

總支出  
Total expenses  
**HK\$16,084,981**



# 董事會、顧問及委員會成員

## Council, Advisors and Committee Members

### 董事會 Council

榮譽主席  
Chairperson Emeritus

何苗春暉女士  
Ms Joanna Hotung

主席  
Chairperson

鄭馮亮琪女士  
Ms Fina Cheng

義務司庫  
Hon Treasurer

李佩君女士  
Ms Tina Lee

義務公司秘書  
Hon Company Secretary

郭燕麗女士  
Ms Queenie Kwok

法律顧問  
Hon Legal Advisors

賴顯榮律師  
Mr Henry Lai  
楊明悌大律師  
Ir Prof Ming-Tai Yeung

### 委員 Councillors

Ms Melissa Ann Brewster

Mr Manoj Ram Dani

Ms Mara Hotung

Mr Andrew Maynard

周艷華女士

Mr Colin Farrell

林梅若梅女士

Ms Lesley-Ann Murray

Ms Angela Chow

Ms Julie Farrell

Ms Lavina Lim

Mr Haresh Wadhvani

Mr Craig Crossman

Ms Cassandra Lister

### 財務委員會 Finance Committee

李佩君女士  
Ms Tina Lee

Mr Colin Farrell

Mr Andrew Maynard

### 榮譽醫療顧問 Honorary Medical Advisors

馬青雲教授  
Professor Ronald Ma

陳廣達醫生  
Dr Patrick Chan

潘穎瑤醫生  
Dr Sarah Poon

黃敏儀醫生  
Dr Shirley Wong

林思為小姐  
Ms Sylvia Lam

張壁濤醫生  
Dr Pik-To Cheung

傅振祥醫生  
Dr Antony Fu

施穎珊醫生  
Dr Queenie See

黃偉進醫生  
Dr Sammy Wong

莫碧虹姑娘  
Ms Maisy Mok

關彥華醫生  
Dr Elaine Kwan

黎倩婷醫生  
Dr Tiffany Lai

童月玲醫生  
Dr Joanna Tung

黃慧如醫生  
Dr Eunice Wong

潘綺雯姑娘  
Ms Iris Poon

游可聰醫生  
Dr Ho-Chung Yau

楊海明姑娘  
Ms Theresa Yeung

### 籌募委員會 Fundraising Committee

何苗春暉女士  
Ms Joanna Hotung  
Ms Aradhna Dayal  
Ms Julie Farrell

Ms Carmen Fernandez Beaves  
Ms Laila Harilela  
Ms Reyna Harilela

Ms Shirley Hiranand  
林梅若梅女士  
Ms Lavina Lim

Ms Carisse Mueller  
Ms Janana Suleymanli Pasha  
Ms Rina Wadhvani

# 鳴謝

## Acknowledgements

### 慈善基金

#### Grants

Dr Ip Yee Charitable Trust  
Drs Richard Charles & Esther Yewpick Lee Charitable Foundation  
Hotung Mills Education Foundation  
Million Dollar Round Table  
Rusy & Purviz Shroff Charitable Foundation

S.K. Yee Medical Foundation  
The Community Chest of Hong Kong  
The Hong Kong Jockey Club Charities Trust  
The Shamdasani Foundation  
Zhilan Foundation



## 企業夥伴 Corporation

A & A Happy Company Ltd  
Abbott Laboratories Ltd  
Ascensia Diabetes Care Hong Kong Ltd  
Backyard Gang  
Estate of Arjan G. Kirpalani  
JGXZ Company Ltd  
Mad Ideas Ltd  
Medtronic HK Medical Ltd  
Novo Nordisk Hong Kong Ltd  
Prestique Ltd  
Roche Diagnostic (Hong Kong) Ltd  
Shielder Hong Kong Ltd  
Star Telecom Properties Ltd  
Tricor Equity Trustee Ltd  
Vantage Capital Markets HK Ltd  
Wadhsons (HK) Ltd



## 個人捐款者 Individual donors

Adrienne Mah  
Aiya Zhanaliyeva  
Amy Pang S Y  
Andrew Yuen  
Anna Flores  
April Man / Sandy Tung  
Audrey France Dora Kuziner  
Carol Shuyen Wu  
Cassandra Lister  
Celia Liu  
Chan Chi Kay  
Chan Chi Tsui  
Chan Ka Man  
Chan Kei Chi  
Chan Wai Ming  
Chan Wing Chung  
Charlotte Fai Lau  
Cheng Lai Wan  
Cheng Wang  
Cheung Kam Hung  
Cheung Leung Sin Ha  
Chow Hau Kwan  
Choy Pun Siu Fun  
Chris Funnell  
Christine Leung  
Chu Tik Yee  
Chung Wai Wa  
Colin Farrell  
Countess Elizabeth Joan Von Pfeil  
Craig Crossman  
David Norman Jones  
Deepak Saha  
Devika Harilela  
Dillon Hunter  
Dr Elaine Chow

Dr Kwan Yin Wah Elaine  
Dr Tung Yuet Ling  
Eddie Wang  
Eleanor Lennie  
Elizabeth Golamco  
Fabienne Olive  
Fernandez Carmen Ter  
Fina Cheng  
Fion Hui  
Fiona Nott  
Francis Chan  
Frankie Wong  
Fung Siu Man  
Gigi Wong Yuk Chi  
Han Wei  
Harry Chung  
Heidi Ho  
Helen Harris  
Helena Chu  
Ho Lai Kwan Raymond  
Ho Sabrina Chi Wai  
Ho Yuen Yee Belinda  
Horace L.D.Cheng  
Hua Yu  
Hung Siu Kwan Nicholas  
Ingrid Chen  
Ip Choi Yiu  
Jamie Law  
Janana Suleymanli Pasha  
Jeannie Lam  
Jennifer, Stephen, Richelle, Eddie  
Jenny Chan  
Jim Ching Kwok Tommy  
Joe Wong  
June Ng

Kamilla Harilela  
Karen Arndt  
Kathleen S Y Poon  
Kenny Chow  
Kniaw Cheng  
Lai Yuk Ying  
Lam Chi Kuen  
Lam Kwan Kiu Michelle  
Lam Yuet Ngan  
Lau Wan Yee  
Lee H D C B L A C  
Lee Lai Ka  
Leslie Shih  
Li Wing  
Lim O L W Yuk M L  
Lois King  
Lui Nga Man Juliana  
M Heath Shelagh  
Ma Hung Yan  
Man Chun Yau  
Manuela Maria Basto  
Margery Chan  
Mazanov Natalia V  
Michael Drumgoole  
Mickie Lin  
Monique Ng  
Ms Chiu  
Narmina Wengraf  
Ng Lai King Florence  
Nozomi Gaffney  
Pang Shir Wey G  
Poon Wing Yiu S  
Purviz Rusy Shroff  
Rahul Mookerjee  
Ram Manoj Dani



## 個人捐款者 Individual donors

S W Tuckfield  
Sally Lum  
See Ki Mun Sarah  
Sharon Sun  
Shona Jotwanin  
Simon Brewster  
Sin Ting Tiffany Lai  
Siu Luen Yee Sylvia  
So Hiu Man  
Suhair Taha  
Sun Yan  
Tina Lee  
Tse Tak Yeung  
Vania Chu

Wai Yim Yee Olivia  
Wan Betty Bik K  
Wan Chi Hin Henry, Wan Chi Kwong, Sin Pui Ying, Wan Tsz Chun  
Wong Hiu Ching Belva  
Wong Suet Fung Sammi  
Wong Sze Wa Sara  
Wong Wai Kuen  
Wong Wing Yee Wincy  
Wong Yuen Kee  
Yang Tsz Shan  
Yau Tsz Wen  
Yau Yuk Shan Sandy  
Zeng Xiaosong

# 支持我們 支援糖尿病童

## Help us to support children with diabetes

### 捐款種類 Donation type

本人願意支持兒童糖尿協會

I would like to make a donation in support of Youth Diabetes Action (YDA):

- 每月港幣200 · 可資助1名糖尿病兒童購買1個月的採血針費用  
Monthly HK\$200 - help a child with diabetes for a month's worth of blood test lancets
- 每月港幣300 · 可資助1名糖尿病兒童購買1個月的採血針及針頭費用  
Monthly HK\$300 - help a child with diabetes for a month's worth of lancets and insulin pen needles
- 每月港幣600 · 可資助1名糖尿病兒童購買1個月的血糖試紙費用  
Monthly HK\$600 - help a child for one month of blood glucose test strips
- 港幣12,000 (資助兒童計劃) · 可資助1名糖尿病童購買1年的醫療消耗品費用 · 以改善其家庭生活  
HK\$12,000 (Sponsor a Child) - sponsor the life of a child with diabetes and purchase diabetes medical supplies for one year

其他金額 Other amount:

- 每月捐款 Monthly donation 港幣HK\$ \_\_\_\_\_
- 一次性捐款 One-off donation 港幣HK\$ \_\_\_\_\_

### 捐款方法 Donation method

- 劃線支票 By cheque  
劃線支票 · 抬頭請寫「兒童糖尿協會」By crossed cheque made payable to "Youth Diabetes Action"  
支票號碼 Cheque no.: \_\_\_\_\_

請把支票郵寄至：九龍土瓜灣道94號美華工業中心B座9樓B17室

Please send the cheque to: B17, 9/F, Block B, Merit Industrial Centre, 94 To Kwa Wan Road, Kowloon

- 信用卡 By credit card     VISA     MasterCard

信用卡號碼 Credit card no.:

發卡銀行 Issuing bank: \_\_\_\_\_ 有效日期 Expiry date:   月MM   年YY

持卡人姓名 Cardholder's name: \_\_\_\_\_ 持卡人簽署 Cardholder's signature: \_\_\_\_\_

本人授權兒童糖尿協會於本人之信用卡賬戶內一次過 / 每月 / 每年定期扣除上述之金額。若以信用卡每月 / 每年捐款 · 有關授權在信用卡有效期內繼續生效 · 直至另行通知為止。我可以在任何時候以書面形式通知兒童糖尿協會取消有關捐款。

I hereby authorise YDA to charge the above specified amount once/ monthly/ yearly from my credit card account. The authorisation of monthly/ yearly donation will continue in effect from the above valid date until further notice. I may cancel my regular donation at any time in writing to the YDA office.

- 銀行轉帳 Bank transfer  
銀行 Bank: 香港上海滙豐銀行有限公司 HSBC    帳戶名稱 Account name: Youth Diabetes Action    帳戶號碼 Account number: 808-371959-838

- PayMe



請將成功付款頁截圖並連同「捐款者資料」WhatsApp (+852 64245419) 或電郵 (support@yda.org.hk) 給兒童糖尿協會。  
Please screenshot the payment success page and WhatsApp (+852 64245419) or email (support@yda.org.hk) to Youth Diabetes Action with the "Donor's information".

### 捐款者資料 Donor's information

捐款港幣100或以上可憑捐款收據申請扣稅。

Donations of HK\$100 or above are tax deductible with a donation receipt.

姓名 Name: \_\_\_\_\_

收據抬頭 (如與捐款者不同) Recipient name (if different from the above) \_\_\_\_\_

地址 Address: \_\_\_\_\_

電郵 E-mail: \_\_\_\_\_ 聯絡電話 Contact no.: \_\_\_\_\_

YDA致力為香港糖尿病兒童、青少年及其家庭提供支援。  
YDA is dedicated to supporting children and adolescents  
with diabetes and their families in Hong Kong.



兒童糖尿協會總辦事處  
九龍土瓜灣道94號美華工業中心B座9樓B17室  
YDA Head Office  
B17, 9/F, Block B, Merit Industrial Centre, 94 To Kwa Wan Road, Kowloon

電話 Tel : 2544 3263  
傳真 Fax : 2544 3313  
電郵 Email : support@yda.org.hk  
網頁 Website : www.yda.org.hk

    Youth Diabetes Action



更多資訊  
More information

